RESIDENCY/FELLOWSHIP EDUCATION SIG

Academy of Physical Therapy Education | American Physical Therapy Association

RFESIG Meeting
Take part in developing our SIG’s 2020 initiatives.
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Please enjoy the RFESIG’s Special Edition newsletter on all things related to residency and fellowship education at the upcoming 2020 APTA Combined Sections Meeting*

*Every effort was made to ensure that date and time for each session is accurate. However, all information is subject to change. Please consult the final conference program to confirm the schedule and location of each event.
The theme of this year’s conference is ‘Reach a Higher Peak!’

Scroll through the newsletter for more information on the RFESIG meeting at CSM, the R/F Director & Coordinator’s Mentorship Program’s Meet & Greet, and other CSM events and educational sessions specific to residency and fellowship education.

For more information or to register for the conference, click here.

RFESIG meeting at CSM

Thursday, February 13th
5:00 pm to 6:15 pm

Following the business meeting, join us for the RFESIG’s Director/Coordinator Mentorship Program’s Meet & Greet.

Haven’t signed up for the mentorship program? Click here to join!
Motivations to Pursue Physical Therapy Residency Training: A Q-Methodology Study of Stakeholder Perspectives.
Raine Osborne, Chris Janson, Lisa Black, & Gail M. Jensen


**Background:** Residency training is recognized as a valuable form of professional development and pathway to specialization. Currently residency is voluntary for physical therapists, with less than 12 percent of DPT students choosing to apply upon graduation. Motivations that drive the decision to pursue residency are currently unknown, as is the extent of similarity and difference in perspective among various stakeholders.

**Objective:** The purpose of this study was to identify the dominant perspectives on motivations to pursue residency held by various stakeholders.

**Design:** This study was conducted using Q Methodology, which incorporates aspects of quantitative and qualitative techniques to the examination of human subjectivity.

**Methods:** Program directors, faculty, and current residents from all accredited physical therapy residency programs were invited to complete a forced-choice sorting activity where potential motivations for residency were sorted by perceived level of importance. Principal component analysis was used to identify dominant perspectives, which were interpreted based on emergent themes in the cluster of motivations identified as most important.

**Results:** Four dominant perspectives were identified: (1) desire to provide better patient care, (2) preparation for specialty practice, (3) fast track to expert practice, and (4) career advancement. These perspectives provided context and utility to 2 broad meta-motivations, improved clinical reasoning and receiving mentoring. Both within- and between-group differences among stakeholders were identified. However, subsets from each role-group population were found to share similar perspectives.

**Limitations:** Results from this study may not apply to potential residents in all specialty areas and the implications of having a particular perspective are unknown.

**Conclusions:** Identification of the dominant perspective on motivations for pursuing residency may aid in promoting participation, program development, matching residents to programs and mentors, and future research.

Interested in learning more?
Attend the education session ‘Exploring the Value of Residency/Fellowship Education: Stakeholders’ Views on Why Residency/Fellowship Education Matters’
Thursday, February 13th // 3:00 pm to 5:00 pm
R/F SIG Events

RFESIG Director Mentorship Program Meet & Greet*
Thursday, February 13th
6:15 pm to 7:00 pm
*To attend, please contact Chrysta Lloyd at chryssy19@gmail.com.

AGPT Breakfast & Geriatric Specialist Recognition Ceremony
Thursday, February 13th
6:30 am to 7:45 am

Federal Residency Programs Information Session
Thursday, February 13th
4:00 pm to 5:00 pm

ORF-SIG R/F Career Reception
Thursday, February 13th
8:00 pm to 9:30 pm

Neurologic R/F Networking Breakfast*
Friday, February 14th
6:30 am to 7:30 am
*By invitation only
Please contact Ali Carson at info@neuropt.org to attend.

Oncology PT Residency/Specialization Applicant Meeting
Friday, February 14th
3:30 pm to 5:00 pm

R/F SIG Meetings

Geriatric R/F SIG
Academy of Geriatric PT
Thursday, February 13th
11:00 am to 12:00 pm

Acute Care PT Task Force on Residencies & Fellowships
Academy of Acute Care PT
Thursday, February 13th
12:00 pm to 1:00 pm

Orthopaedic R/F SIG (ORF-SIG)
Academy of Orthopaedic PT
Saturday, February 15th
7:00 am to 7:45 am

Specialization SIG
(Please note its recent name change from Sports R/F SIG)
American Academy of Sports PT
Saturday, February 15th
1:00 pm to 1:50 pm

Residency & Fellowship Education SIG (RFESIG)
Academy of PT Education
Thursday, February 13th
5:00 pm to 6:15 pm

Join us as we recognize the recipient of the Distinguished Mentor in Residency/Fellowship Education award—Joann Walker
The following education sessions were included based on a search using the keywords ‘residency’, ‘fellowship’ or similar terms. All are either specific to residency and fellowship education or may be of interest to R/F faculty.

Please note that every effort was made to ensure accurate information regarding the time and date for each session. However, all information is subject to change. It is recommended to consult the conference website for updated information.

Wednesday, February 12th
Pre-Conference Courses

**Beyond the Basics: Design & Implementation of Best Practice in Residency & Fellowship Clinical Education**
8:00 am to 5:00 pm

**Advanced Clinical Practice in Cardiopulmonary Physical Therapy: Are You Practicing Best Practice?**
8:00 am to 5:00 pm

Thursday, February 13th

**Mentorship: Concepts & Application in Physical Therapy Residency & Fellowship Training Programs**
8:00 am to 10:00 am

**DPT Advanced Acute Care Simulation-Based Elective — Design, Implementation, & Assessment**
8:00 am to 10:00 am

**No Clinical Practice Guideline (CPG)? Managing the Grey Areas of Neurologic PT Practice**
8:00 am to 10:00 am

**Geriatric Oncology: Aligning Across Specialty Practice to Meet the Needs of Cancer Survivors**
8:00 am to 10:00 am

**Leadership Competencies for Physical Therapist Practice: A Continuum from DPT to Residencies & Beyond**
11:00 am to 1:00 pm
Securing the Future of Acute Care Physical Therapy Clinical Education  
11:00 am to 1:00 pm

A Clinical Reasoning Blueprint: Linking Learning Theories to Curricular Innovations  
11:00 am to 1:00 pm

Getting to the Clinical Bottom Line: Knowledge Translation Strategies for the Locomotor CPG Action Statements  
11:00 am to 1:00 pm

Exploring the Value of Residency/Fellowship Education: Stakeholders’ Views on Why Residency/Fellowship Education Matters  
3:00 pm to 5:00 pm

Emotional Intelligence Across the Professional Lifespan in Physical Therapy: From Novice Student to Expert Practitioner  
3:00 pm to 5:00 pm

Affective Domain Education in the Age of Technology & Social Media  
3:00 pm to 5:00 pm

Friday, February 14th

Investing in the Academic Future of Physical Therapy Learners: The Resident Educator  
8:00 am to 10:00 am

Move Over Millennials, iGen is Here! Multigenerational Cohorts: Opportunities for Teaching, Mentoring, Evaluation, & Innovation  
11:00 am to 1:00 pm

Raising the Proverbial Bar: Development of a Novel Tool to Assess Clinical Educators  
11:00 am to 1:00 pm

The Value of Post-Professional Residency, Fellowship, & PhD Training  
3:00 pm to 5:00 pm

Cardiovascular & Pulmonary Residency Forum: Interesting Case Studies Presented By Residents  
3:00 pm to 5:00 pm

Acute Care Residency: Outcomes Beyond Specialty Credentials  
3:00 pm to 5:00 pm
Saturday, February 15th

Clinical Practice Guideline for the Screening & Assessment of Cancer-Related Fatigue
8:00 am to 10:00 am

The Icing on the Cake: Putting the Finishing Touches on Acute Care Education
11:00 am to 1:00 pm

Poster & Platform Presentations

The following poster or platform presentations were included based on a search using the keywords ‘residency’, ‘fellowship’ or similar terms. All are either specific to residency and fellowship education or may be of interest to R/F faculty.

Please note that every effort was made to ensure accurate information regarding the time and date for each session. However, all information is subject to change. It is recommended to consult the conference website for updated information.

Thursday, February 13th

Does Residency and/or Fellowship Training Impact Job & Career Satisfaction in Physical Therapists?
11:00 am to 1:00 pm

Physical Therapist Knowledge in Diagnostic Imaging for the Knee
1:00 pm to 3:00 pm

The Effect of a Cardiovascular & Pulmonary (CVP) Residency on a Physical Therapist’s Practice in the Intensive Care Unit
1:00 pm to 3:00 pm

Predictors of Clinical Decision-Making Following Cardiovascular Screening in Outpatient Physical Therapists
1:00 pm to 3:00 pm

A Survey of Physical Therapists’ Attitudes Regarding Diagnostic Imaging
3:00 pm to 5:00 pm

Friday, February 14th

Does Residency and/or Fellowship Training Impact Professional Engagement?
1:00 pm to 3:00 pm
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<tr>
<th>Event</th>
<th>Time</th>
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<tr>
<td>Leadership Behaviors &amp; Goals of Physical Therapists in a Fellowship Orthopaedic Manual Physical Therapy Program</td>
<td>1:00 pm to 3:00 pm</td>
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<td>Differences in Pain Neuroscience Perspectives between Physical Therapy Students and Clinical Instructors</td>
<td>1:00 pm to 3:00 pm</td>
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<td>Factors Influencing the Decision to Apply to a Postprofessional Physical Therapist Residency Program</td>
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<tr>
<td>Program Characteristics Influencing Application to a Physical Therapist Postprofessional Residency Program</td>
<td>1:00 pm to 3:00 pm</td>
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<td>Do Entry-Level Physical Therapy Programs Prepare Students for Post-Graduate Residency Education</td>
<td>1:00 pm to 3:00 pm</td>
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<td>Core Outcome Measures for Adults with Neurologic Conditions: Pilot Implementation within Hospital-Based Outpatient Clinic</td>
<td>1:00 pm to 3:00 pm</td>
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<td>Student Perception of Integrating the Systematic Clinical Reasoning in Physical Therapy Tool within Problem-Based Learning</td>
<td>1:00 pm to 3:00 pm</td>
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<td>American Academy of Sports Physical Therapy Residency Research Platform Presentations</td>
<td>3:00 pm to 5:00 pm</td>
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<td>VA PT Residents Case Presentations</td>
<td>3:00 pm to 5:00 pm</td>
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**Saturday, February 15th**

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<tr>
<td>Leveraging Residency Program Mentoring Methods to Improve Transdisciplinary Professional Development, Engagement, and Retention</td>
<td>8:00 am to 10:00 am</td>
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<td>Connection between Residency and a “Culture of Excellence” in a Highly Specialized Area of Rehabilitation</td>
<td>1:00 pm to 3:00 pm</td>
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Member Resources

• **RFESIG website** - Learn more about our SIG [here](#).

• **Our Hub Community** - Join us [here](#).

• **Think Tank Compendium** - Click [here](#) to access resources to enhance your residency or fellowship program. All APTA members have access to the Think Tank.

  **Please note:** The RFESIG Think Tank is an ongoing effort and will continue to review resources for inclusion in the Compendium. If you would like to share a resource with the Think Tank, please click [here](#).

  *We kindly ask that you cite the originating program for each resource that you incorporate into your R/F program.*

• **R/F Director & Coordinator Mentorship Program** - Click [here](#) to join the RFESIG’s mentorship program geared toward leaders of R/F programs.

  **Thank you to our members!**

  The RFESIG continues to grow and now has 264 members.

  **Everyone is welcome!**

  Invite residency and fellowship graduates, faculty, and program directors across all specialty areas to join our SIG.

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**Questions? Comments?**

Contact Christina Gomez at [cgomezpt@gmail.com](mailto:cgomezpt@gmail.com)

“We don’t have to do all of it alone. We were never meant to.”

-Brene Brown