

RESIDENCY/FELLOWSHIP EDUCATION SIG

Academy of Physical Therapy Education | American Physical Therapy Association

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Building bridges of collaboration and communication across specialty areas for advancing residency and fellowship research, mentoring, and curriculum.

Looking back on 2019

The year is coming to a close, and I wanted to reflect on the past year for the RFESIG. One achievement that I am especially proud of is our new mentorship program for coordinators and directors of residency & fellowship (R/F) programs. The mentorship program's social event at ELC was a great success, and we plan on hosting a second one at CSM. Another great leap that we made in expanding communication with our membership is our first podcast. Haven't heard it yet? Read on to learn how to access it. Finally, we've worked hard to hear your voices. The round tables that we held at CSM were a great avenue to hear your needs and goals for residency & fellowship education. I'm looking forward to hearing your voices next year! For now, myself and the RFESIG committee hope that you and yours have a wonderful holiday season.

Have a great new year,

Sara Kraft, Chair

RFESIG Leadership

Chair

Sara Kraft, PT, DPT, MHS, NCS, ATP

Vice Chair

Jason Zafereo, PT, PhD, OCS,
FAAOMPT

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Chrysta Lloyd, PT, OCS, FAAOMPT

Membership Secretary

David Nolan, PT, DPT, MS, OCS,
SCS, CSCS

Nominating Committee Chair

David Gillette, PT, DPT, GCS

Nominating Committee

Cheri Hodges, PT, DPT, MAppSc,
OCS, FAAOMPT

Program Committee

Co-Chairs

Eric Monsch, PT, DPT, NCS
Ryan Pontiff, PT, DPT, OCS,
FAAOMPT

Scholarly Research

Committee

Yvonne Body, PT, Dip. MDT, MHSc

Communications Committee

Christina Gomez, PT, DPT, OCS,
SCS, FAAOMPT, CSCS

Call for Nominations

Are you looking for an opportunity to become involved and give back to our profession?

Join the RFESIG Board of Directors! We are seeking nominations for candidates for the following positions:

- *Chair*
- *Treasurer/Secretary*
- *Nominating Committee Member*

The deadline for nominations is December 1, 2019, with terms beginning July 1, 2020. For more information, please click [here](#).

If you have questions, are interested in serving, or would like to nominate someone else, please contact:

Sarah Berke

sarah@aptaeducation.org or (470) 737-3651

Podcast

The RFESIG's first podcast is now available.

Listen in as we interview **Linda Csiza**, from the American Board of Physical Therapy Residency & Fellowship Education (ABPTRFE), about the Annual Continuous Improvement Report (ACIR).

Learn about the difference between ACIR's exhibits 2 and 3, what is considered a substantive change, and common mistakes when completing the annual report.

[Click here to listen!](#)

Have ideas or suggestions for future podcasts?
Email Christina Gomez at cgomezpt@gmail.com.

Featured R/F Research

Perceptions of the professional and personal impact of hybrid fellowship training: a qualitative study.

Kevin L. MacPherson, Mark Shepherd, Jamie Childs Everett,
Adam Fritsch, J.M. Whitman & Kim Dunleavy

Journal of Manual & Manipulative Therapy. 2018; DOI:10.1080/10669817.2018.1542850.

Objectives: This study aimed to elucidate graduate perceptions of how fellowship training impacted their post-training professional and personal lives.

Methods: Interviews were conducted with 13 graduates of a hybrid (e.g. blended-learning) fellowship program. All participants were at least 1 year post completion of fellowship to limit recall bias and allow for post-training personal and professional development. Qualitative analysis was performed on interview transcriptions using directed content analysis with two coders other than the interviewers, followed by discussion until agreement was reached if there were disputes related to coding analysis. If needed, arbitration was provided from one of two interviewers.

Results: Analysis revealed three primary constructs of post-fellowship impact: practical, social, and personal. Practical subthemes were centric to care delivery. Social sub themes extended to intra, inter, and non-professional connections. Personal sub themes noted professional and cognitive evolution.

Discussion: Participants clearly described impact extending well beyond day-to-day practice suggesting that fellowship impacted the whole person versus sole practitioner. This study may impact program structure and content inclusion for fellowship programs as well as providing support for fellows in training.

Have you or a colleague published a study or presented a poster related to residency or fellowship education?

Email an abstract to

Yvonne Body

ybody@usa.edu

Submissions are accepted on an ongoing basis

Mark Your Calendars

Join the RFESIG at the following event:

Combined Sections Meeting (CSM)

February 12-15, 2019

Denver, Colorado

For more information, click [here](#).

RFESIG Annual Meeting

Thursday, February 13th
5 pm to 7 pm

RFESIG Mentorship Program Meet & Greet
Thursday, February 13th
4 pm to 5 pm

*Be on the lookout for the upcoming CSM special edition of the RFESIG newsletter.

ELC Updates

The annual RFESIG board meeting at ELC was extremely informative. Here's what was discussed:

- **New RFESIG initiatives** include the RFESIG's first podcast and the R/F Director & Coordinator Mentorship Program.
- The **R/F research collaborative group** continues its efforts toward developing large-scale, collaborative R/F research studies. The work group has recently submitted a grant proposal to the APTE Research Grant.
- **Pam Levangie, the APTE's Board President, is seeking feedback** from APTE members to improve their experience in the academy. If you have insights into improving the APTE, please [contact](#) a committee official.
- The **APTE is also promoting multiple grants** to support educational research. Please click [here](#) for more information on the APTE's own research grant and other funding opportunities.
- **Kendra Harrington, from ABPTRFE**, reported that the APTA is planning on developing Specialty Specific Skill Assessments. Be on the lookout for a call to apply to join the workgroup.
- ABPTRFE are finalizing the **Residency Competencies and Evaluation Instrument**. They hope to roll out this assessment tool in the spring of 2020 for optional, though highly encouraged, use in all residency programs. A training video will accompany the instrument's release.
- For R/F programs looking to expand their options to screen R/F applicants, **Kira**, a tool for applicants to submit pre-recorded answers to questions, could be incorporated into the RF-PTCAS application for an additional fee. To inquire about this online interview platform, contact **Ryan Bannister** at ryanbannister@apta.org.

Expanding Our Reach

Do you have a colleague that is interested in joining the RFESIG?

The new APTE website makes joining simple!

Click [here](#) to go to the RFESIG page.

Then click on the following icon:

[Sign Up Now](#)

*Please note:

Only members of the Academy of Physical Therapy Education (APTE) may join the RFESIG.

Click [here](#) to join the APTE.

R/F Director/Coordinator Mentorship Program Meet & Greet

The RFESIG's first social event for our new mentorship program, which pairs new R/F program directors & coordinators with experienced peers, was a success!

Led by Sara Kraft and David Nolan, attendees inquired, collaborated and sought solutions on curriculum design, mentoring, ABPTRFE's ACIR, & accreditation/re-accreditation.

The RFESIG is hosting a second meet-and-greet at CSM on Thursday, February 13th at 4 pm for all mentors/mentees of the new program. Please note, attendance is not required for participation in the program.

If you or a colleague would like to be involved in the program, please click [here](#). The RFESIG is especially seeking mentors for this unique program.

RFESIG Think Tank

The Think Tank Compendium is live!

It has never been easier to access the RFESIG Think Tank's collection of R/F mentoring and education resources. Please help spread the word among your colleagues about this awesome resource. **No Academy membership or login is required!**

To access the RFESIG Think Tank Compendium, click [here](#).

We kindly request that if you use any resource in the Think Tank Compendium in your own program, please cite the R/F program that developed that tool.

R/F SIG Corner

Join the [ORF-SIG](#) and the [Geriatric R/F SIG](#) at APTA's Combined Section Meeting!

Orthopaedic Residency and Fellowship SIG (ORF-SIG) Academy of Orthopaedic Physical Therapy

- CSM Pre-Con Course
 - Beyond the Basics: Design and Implementation of Best Practice in Residency and Fellowship Clinical Education
 - Kathleen Tierney Geist, PT, DPT; Aimee B. Klein, PT, DPT, DSc; Tara Jo Manal, PT, DPT, FAPTA; Kirk R. Bentzen, PT, DPT, MBA; Eric K. Robertson, PT, DPT; Matthew D. Haberl, PT, DPT, ATC
 - **Description:** This session will assist accredited and developing residency and fellowship programs with integrating best clinical practice in resident/fellowship mentoring and curriculum development for 2020. This interactive and engaging course will combine presentations with roundtable discussion of topics involving the accreditation process, such as curriculum and resident/fellow mentoring and training of the resident/fellow mentor. Come and learn from colleagues who are program directors and active in the accreditation process.
 - Wednesday, February 12, 2020
 - 8:00 AM - 5:00 PM
 - ORF-SIG Residency/Fellowship Career Reception
 - Thursday, February 13, 2020
 - 8:00 PM - 9:30 PM
 - ORF-SIG Business Meeting
 - Orthopaedic Residency/Fellowship Special Interest Group Membership Meeting
 - Saturday, February 15, 2020
 - 7:00 AM - 7:45 AM

Geriatric Residency and Fellowship SIG Academy of Geriatric Physical Therapy

- Students Meet Directors of Geriatric Residency Programs — CSM 2020
 - This is an exciting event for students to meet the directors of geriatric physical therapy residency programs at CSM 2020 during exhibit hall hours. The purpose is to encourage post-professional development for DPT students by exploring options of what is next after graduation. Interested students should come to the Academy of Geriatric Physical Therapy Booth in the CSM 2020 Exhibit Hall. Students who talk to two residency directors and have their passports validated by two residency directors will be entered into a drawing for a Visa gift card.

Geriatric Residency and Fellowship SIG (*continued*)

- **Resident Scholarship Program**
 - The Academy of Geriatric Physical Therapy will be sponsoring resident grants for physical therapists that are accepted into an accredited geriatric physical therapy residency program.
 - Applications for the 2020 grant program will go out in January 2020 and applications will be accepted through March 2020. Interested students should watch the Academy of Geriatric Physical Therapy Residency Special Interest Group web page in January 2020.
- **Residents Corner in GeriNotes**
 - Starting in January 2020, a Resident's Corner will appear in GeriNotes. Articles of no more than 1800 words will be accepted on a rolling basis. There is no guarantee of publication. Case reports, new geriatric PT programs and geriatric PT tools will be considered. A statement of conflict of interest must accompany the submission.
- **Outstanding Geriatric Physical Therapy Resident Award**
 - The Academy of Geriatric Physical Therapy will give an award to honor a recent graduate of a geriatric residency program. This award aims to recognize the intrinsic value of post-professional training, and thereby promote and provide for the development and accreditation of geriatric residency education programs in physical therapy. Information about the award will be posted on the Academy of Geriatric Physical therapy web page and the deadline for applications will be November 2019.

As the RFESIG continues to collaborate with all R/F SIGs to advance residency and fellowship education, we encourage our members to learn about other R/F teams.

Click on each group for more information.

[Task Force on Residencies and Fellowships // Academy of Acute Care Physical Therapy](#)
[Orthopaedic Residency and Fellowship SIG \(ORF-SIG\) // Academy of Orthopaedic Physical Therapy](#)
[Geriatric Residency and Fellowship SIG // Academy of Geriatric Physical Therapy](#)
[Sports Residency and Fellowship SIG // American Academy of Sports Physical Therapy](#)
[Neurologic Residency & Fellowship Information // Academy of Neurologic Physical Therapy](#)
[Pediatric Residency & Fellowship Information // Academy of Pediatric Physical Therapy](#)
[EMG/NCV Residency Information // American Academy of Clinical Electrophysiology](#)

"We're here for a reason. I believe a bit of the reason is to throw little torches out to lead people through the dark."
- *Whoopi Goldberg*

Member Resources

- [RFESIG website](#) - Learn more about our SIG [here](#).
 - [Our Hub Community](#) - Join us [here](#).
 - [Think Tank Compendium](#) - Click [here](#) to access resources to enhance your residency or fellowship program. All APTA members have access the Think Tank.
- Please note:** The RFESIG Think Tank is an ongoing effort and will continue to review resources for inclusion in the Compendium. If you would like to share a resource with the Think Tank, please click [here](#).
- [R/F Director & Coordinator Mentorship Program](#) - Click [here](#) to join the RFESIG's mentorship program geared toward leaders of R/F programs.

Thank you to our members!

The RFESIG continues to grow and now has 257 members.

Everyone is welcome!

Invite residency and fellowship graduates, faculty, and program directors across all specialty areas to join our SIG.

Questions? Comments?

Contact Christina Gomez at
cgomezpt@gmail.com